



四季養生湯

Seasonal Healing Soup

每位 Per Person

冬蟲草花膠燉螺頭

功效：滋補養氣 • 增強體質

Double-Boiled Cordyceps with Fish Maw and Sea Conch
Benefits: Nourishes Qi and Strengthens Vitality

1488

淮杞燉螺頭

功效：養胃生津 • 補肝益腎

Double-Boiled Sea Conch Soup with Chinese Yam and Wolfberries
Benefits: Nourishes the Stomach, Promotes Fluid Production, and Tonifies the Liver and Kidneys

328

沙參海玉竹燉日月貝

功效：滋陰潤燥 • 增強免疫

Double-Boiled Dried Moon Scallop Soup with Adenophora and Yuzhu
Benefits: Nourishes Yin, Clears Heat and Dryness, and Enhances Immunity

268

舞茸菌黃豆燉水鴨

功效：利水消腫 • 潤膚養顏

Double-Boiled Wild Duck Soup with Soybean and Maitake Mushrooms
Benefits: Relieves Fluid Retention, Nourishes Skin, and Enhances Complexion

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