

# 四季養生湯

## Seasonal Healing Soup

每位 Per Person

### 冬蟲草海馬燉豬腱

功能：益氣養陰・增強免疫力

Double-boiled Cordyceps and Seahorse Soup with Pork Shank

Functions: Invigorates Qi, nourishes Yin, and boosts immunity system

1488

### 淮杞燉螺頭

功能：養胃生津・補肝益腎

Double-boiled Sea Conch Soup with Chinese Yam and Wolfberry

Functions: Nourishes Yin, tonifies the liver and kidney

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### 黑虎掌瑤柱燉雞

功能：健脾開胃・安神助眠

Double-boiled Sarcodon Imbricatus Soup with Conpoy and Chicken

Functions: Invigorates the spleen and stomach, relieves Insomnia, and calms the mind

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### 老黃瓜石斛扁豆薏米燉豬腱

功能：調和腸胃・清熱祛濕

Double-boiled Dendrobium, Hyacinth Bean, Barley and Yellow Squash Soup with Pork Shank

Functions: Harmonizes the stomach, clears heat, and dispels dampness

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